

Opportunities for Young People

The support we provide to young people often extends beyond the boundaries of housing related support. Our aim is to ensure that all young people accessing the service receive above and beyond that which is funded within housing benefit eligible costs.

Our personalised support plans cover all aspects of the young person's life, including essential housing related support. Support is usually delivered via one to one support but can also be offered as part of group work with other residents in an informal setting. Our housing residents are also able to access services offered as part of our Youth Work project. Outside of housing related support, we also provide support around the following:

Communication

We gain an understanding of how our young people communicate and help them to build confidence when communicating with people they do not know. Understanding how a young person communicates and building their confidence and self-esteem. Residents learn how to write letters, emails and talk with to their peers and professionals so they can manage on their own moving forward.

Rights & Responsibilities

We advise young people of their rights & responsibilities, and how to fight for their rights when they need to. Young people become aware of their entitlements.

Making a Positive Contribution

Young people gain an understanding of society, and their place within it. They are encouraged to engage in volunteering and employment to develop their skills to improve their prospects in life and make a positive contribution to future society.

Learning

Sourcing opportunities for young people to access learning in a variety of forms – whether this be on-site AQA unit awards delivered by our qualified staff, or through training courses, college, and other education providers. Young people are made aware of how this corresponds with making a positive contribution.

Accommodation

Looking beyond supported housing – young people make plans and work towards living independently within the community.

Health & Wellbeing

We look beyond essential health and wellbeing support. We address key concerns around drug taking, excessive alcohol use, and smoking and the impact these can have on emotional and mental wellbeing. We address risky behaviour which affects health and wellbeing, and help young people to identify triggers, manage their behaviour and source possible solutions. We offer a holistic approach to promote confidence, positive body image and wellbeing, and offer opportunities for young people to work with mental health practitioners where appropriate.

Faith & Belief

We teach young people that faith is so much more than religious or spiritual beliefs – but how people live their lives, treat those close to them and what values they possess as individuals and how this impacts on others' perception of them. Young people are encouraged to explore their own thoughts on how they wish to live their lives.

Personal Safety & Awareness

Young people understand what is meant by personal safety. They can identify when they are behaving in risky way, how to avoid confrontation and be able to make better choices to safeguard themselves. Young people know who they can speak to if they are worried or concerned about their safety, and how to access emergency services if they need to.

Online Safety

How to stay safe online, making use of online security and keeping passwords safe. Young people know who they are talking to online, and how to do this safely. They learn how to post pictures safely whilst maintain their privacy and keeping themselves safe. Addressing the law around sexualised content, child pornography and consent.

Exploitation

Safeguarding is at the heart of everything we do. Staff can identify the signs of criminal and sexual exploitation and if necessary, will address concerns with young people in a way they are comfortable with. Our safeguarding policy provides more information around this.

Income Generation

Outside of housing benefit eligible costs, our support and advice project is reliant on external fundraising and community support.

Young people accessing these services may be referred from a variety of sources, including other professional, agencies and self-referral routes.

Funding for specific project work i.e. mental health, peer mentoring and youth work activities are funded by several sources. Primarily, these projects will be funded by grant making trusts and charity fundraising.

Barnabas Safe & Sound also let part of their owned premises to 2 local businesses in Morpeth town centre, which helps to cover the running of Wellwood House, our Morpeth town-centre base.