

the BARNABAS beat

Issue 9 - June 2024



Are we the only ones thinking, how is it Summer already? We're sure Christmas was only 5 minutes ago! As you will have read in our previous newsletters, it's been a jam-packed six months. The Summer months in particular, are a very busy time for Barnabas. It all starts with planning - we work closely with partners including Morpeth Town Council, LASP Outdoors, and Thinky Dinky Do to deliver a range of activities for young people. More details provided later in the newsletter. Whatever your plans are for the Summer, we hope you have a marvellous time with family and friends.

Our night under the stars at Lilidorei



On 16th May, a team of nine Barnabas fundraisers arrived at Lilidorei to take part in this year's CEO Sleepout. Designed to engage local business people, professionals and kind-hearted individuals, CEO Sleepout is a nationwide organisation working to raise awareness around poverty and homelessness, whilst raising much needed funds for charities working in the heart of local communities. Alnwick Garden's Lilidorei played host to the Northumberland consort - with a seventy six strong team of rough sleepers. The event is a fantastic way to learn more about the charities taking part, and gives an opportunity to network with other like-minded people. Despite it being cold during the night, it did not rain, for which we are extremely grateful.

On 25th June, Gill Monaghan and Sandra Tubby attended a cheque presentation within the Gardens - with an amazing £16,500 having been raised for the charities taking part, of which Barnabas Safe & Sound received £2,500. Of course, this could not have been done without the dedication of our fundraisers. We cannot begin to thank you all enough for your support, and will be sure to put the funds to good use.

All the fun of the fair for Barnabas



Barnabas joined in the fun on Morpeth Fair Day by helping the organiser's with stewarding for the Vintage Car Parade. Then we set up camp for the day on Morpeth Stanners, providing free fun and games for children and young people. This offered a little respite for the usually expensive rides and attractions. A lovely afternoon was had by everyone who stopped by to say hello, or maybe try their luck with the tin can alley, cornhole, and giant connect 4!

Ambitious Youth project : skills for employment



Some of the young people we're engaging with through our Ambitious Youth project, had their first taste of working at a festival. Three volunteer young people joined our Manager, Hayley at Alnwick's well-known, DubFest! Learning about stewarding, and volunteering their time to help cater for the staff - the young people got first hand experience of just how busy a festival can be - it takes a lot of people to ensure the health & safety of the organisers, staff and visitors. Two of the group did such a great job, they have been employed by Mighty Events and can start to earn their own money at future festivals over the coming Summer months.

We're also offering young people the chance to learn basic barista skills, and food hygiene training to boost their opportunities for work in hospitality.

Small Charity Week 2024



The week of 24-28 June marked Small Charities Week. The aim of which is to amplify, support and connect small charities right across the UK, so we can continue to feel empowered to make BIG impacts!

We kicked off SCW with a Small Charity Social event on 24th June. Held within our Garage Cafe, the evening was such a lovely opportunity to meet with other small charities, facing the same challenges we do on a daily basis.

We were joined by: Wansbeck Valley Foodbank, Stobhill Link, and Just Learning Alliance, NCC's Locality, and two young people attending the Princes Trust course.



Barnabas hope to be able to host similar Socials in the future, so small charities in and around Morpeth can continue to collaborate and work together for the benefit of the community.



FREE ACTIVITIES FOR
9-14 YEAR OLDS



FEELS LIKE SUMMER

IMPROV' ANTICS

TUES 30TH JULY OR WEDS 14TH AUGUST
9:30AM TO 3.30PM

A CREATIVE THEATRE WORKSHOP. YOUNG PEOPLE CREATE A PERSONA & LEARN ACTING SKILLS TO BRING THAT CHARACTER TO LIFE. WE'LL CRAFT, MAKE COSTUMES AND MASKS, PLAYING IMPROVISATION GAMES AND ACTIVITIES.

FANTASTIC FINGER PUPPETS

WEDS 31ST JULY OR THURS 15TH AUGUST
9:30AM TO 3.30PM

DESIGN AND CONSTRUCT CRAZY CREATURES USING INCREDIBLE MODERN STYLE FINGER PUPPETS. LEARN HOW TO STORY BOARD YOUR IDEAS, CREATE REALISTIC MOVEMENTS, EXCITING VOALS AND BRING YOUR CREATION TO LIFE IN A SHORT FILM.

PAINT AND POETRY

THURS 1ST AUGUST OR TUES 13TH AUGUST
9:30AM TO 3.30PM

A DAY OF WORDS AND PICTURES. USING 'FOUND POETRY' YOUNG PEOPLE WILL CHOOSE WORDS THAT INSPIRE THEM FROM A VARIETY OF SOURCES AND LEARN HOW TO PUT THEM TOGETHER TO CREATE MODERN INSPIRING POEMS WHICH WILL THEN BE TURNED INTO UNIQUE WORDS OF ART OR MINI BOOKS USING A VARIETY OF MATERIALS AND TECHNIQUES.

OUTDOOR ACTIVITY DAYS

TUESDAYS 6TH, 20TH AUGUST
WEDNESDAYS 7TH, 21ST AUGUST
THURSDAY 8TH AUGUST
9.30 TO 3.30PM

DELIVERED BY LUIS OF LASP OUTDOORS, OUR OUTDOOR ACTIVITY DAYS CONSIST OF A HALF DAY OF PADDLESPOITS, AND A HALF DAY OF DRY LAND ACTIVITIES SUCH AS ARCHERY, AND TEAM BUILDING GAMES.

GROW YOUR OWN CHRISTMAS DINNER

TUESDAY 6TH OR TUESDAY 20TH AUGUST
1.00PM - 3.30PM

JOIN US IN PLANTING AND CARING FOR A RANGE OF CHRISTMAS VEGGIES (A FOLLOW UP SESSION WILL BE HELD IN THE AUTUMN). GREAT FOR BUDDING GARDENERS!

BIKE MAINTENANCE

TUESDAY 30TH JULY OR TUESDAY 13TH AUGUST
1.00PM - 3.30PM

LEARN HOW TO FIX AND MAINTAIN YOUR BIKE. YOU CAN BRING YOUR OWN BIKE SO THAT YOU ARE LEARNING AND SERVICING YOUR BIKE AT THE SAME TIME, OR WE HAVE BIKES ON SITE THAT YOU CAN USE.

NUFC FOUNDATION ACTIVITY SESSIONS

FRIDAYS 2, 9, 16, 23 AUGUST
10AM - 2.00PM

THIS IS A GREAT OPPORTUNITY FOR THOSE WHO WANT TO KEEP ACTIVE OVER THE SUMMER WITH QUALIFIED COACHES FROM THE NUFC FOUNDATION, AND YOUTH WORK STAFF FROM BARNABAS SAFE & SOUND.

THESE ACTIVITIES ARE OFFERED IN PARTNERSHIP WITH:



SCAN ME





If you have any queries about our work in the community, we'd love to hear from you.

Give us a call on 01670 517721

Drop us an email admin@barnabasne.org.uk

Check out our website www.barnabas-northumberland.org.uk

Of course, you can always find us on our social media too!



We are [barnabassafeandsound](https://www.facebook.com/barnabassafeandsound)

**Barnabas Safe & Sound
Wellwood House, Dark Lane, Morpeth, Northumberland, NE61 1SU**

Registered Charity Number: 1094570